



The Arc

of Lincoln

ACHIEVE WITH US

WITH GRATITUDE TO THE HOLTZCLAW FAMILY



THE ARC OF LINCOLN NEWSLETTER AUGUST 2026



August Calendar

- **Disability Empowerment Night with the Saltdogs**
- **People First/Aktion Club**
 - August 8th/10:30am-Noon
- **Inclusive Girl Scouts**
 - August 11th /5:30pm-7pm
 - American Symbols Scavenger Hunt - 250th Celebration & Receiving 250th Badge
- **Stars & Strips 250 Social**
 - August 13th/ 1pm-2pm
 - Colonial Kitchen- Boston Tea Party
- **Friends Club**
 - August 14th/6:30pm-7:30pm
 - Saltdogs Game
- **Disney Cruise Trip**
 - August 18th-23rd
- **Parent Network**
 - August 25th/5:30pm-7pm
 - Special Needs Trust & Wills by Andrew Loudon
- **Stars & Strips 250 Social**
 - August 27th/ 1pm-2pm
 - Write Like the Signers- step back in time and try your hand at writing with a quill and ink
- **Come Together**
 - August 28th/5:30pm-7pm
 - Cupcake Decorating

BEST BUDDIES



New Programs

Starting in September

- **Best Buddies with the University of Nebraska**
 - Best Buddies program creates inclusive, supported travel experiences that bring people together, build confidence, and create lifelong friendships.
 - Meets the 2nd Thursday of each month at various places on UNL campus.
 - Best Buddies will also partner with us at our Come Together events!
 - First Event:
 - September 10th/6pm-7pm
 - Commons outside of the Nebraska Union
 - Activity: Growing plants and flowers together
- **The Honeycomb Club**
 - A Social Club for middle/high schoolers to come and bee them! This club provides belonging, connection, growth and fun!
 - Meets the 3rd Thursday of each month from 4pm-5:30pm
 - First Event:
 - September 17th/4pm-5:30pm
 - Activity: Science of Football, DIY Paper Football Goal Post
 - Snack provided



Executive Director's Corner

As we welcome fall, I'm excited to share two wonderful opportunities that reflect The Arc of Lincoln's mission of building inclusion, friendship, and belonging in our community.

Socialize & Sizzle is Coming!

Thanks to a generous grant from the Community Health Endowment, The Arc of Lincoln is launching Socialize & Sizzle, a new program designed to reduce isolation and bring people with and without intellectual and developmental disabilities (IDD) together through the simple joy of preparing and sharing meals.

Beginning in September, participants will meet in four six-week sessions where cooking becomes more than a life skill—it becomes an opportunity to build confidence, create meaningful friendships, and experience a true sense of belonging.

Registration is now open! We are looking for participants from both the IDD community and the greater Lincoln community. Whether you're a person with IDD, a family member, a friend, or someone who wants to be part of a more inclusive community, we'd love to welcome you.

To register or learn more, contact The Arc of Lincoln at 402-421-8866 or info@arclincoln.org.

We are incredibly grateful to the Community Health Endowment for investing in this program and helping create opportunities for connection, inclusion, and lasting friendships.

Harvest Moon: Seeds to Success

Please mark your calendar for Harvest Moon 2026: Seeds to Success on Thursday, October 15, at the Scottish Rite Center.

Our signature fundraising event celebrates the partnerships that make our mission possible. Join us for dinner, inspiring stories, exciting auctions, and an evening dedicated to creating opportunities for people with IDD and their families.

Whether you attend, become a sponsor, donate an auction item, or help spread the word, your support helps The Arc of Lincoln continue building a community where everyone belongs.

Thank you for being part of our journey. Together, we're growing friendships, strengthening our community, and creating opportunities that change lives.